ATIU
COOK ISLANDS

creating true understanding

vol 1 INDEPENDENT no. 7

Atiu JOURNAL & PACIFIC

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'Despite the fact he is the best qualified, the appearance is that he may not be a strong leader'

"What I gave, I can take away! ... he (Journal Editor David Lewis) will know what I mean!"

-Hon. G. Henry (Leader of Opposition) 6.8.87

INSIDE - The Translation. It will SHOCK!

'JOURNAL' editor threatened in house..

PAGE 2

The JOURNAL Replies to the Leader of the Opposition. A clear Policy Statement.

In a startling digression from the business of debate upon the Approriations Bill, CIP Opposition leader, Geoffrey Henry launched a nationwide public threat to JOURNAL English Language editor, David Lewis.

David Lewis' professional occupation is Principal of Atiu College and it was during the debate on the Education estimates that the CIP leader's threat came about.

Heard over National Radio, to the reported accompaniment of laughter from elsewhere in the house, Mr. Henry's speech was summarised by a listener as "Ngereteina Puna (shadow spokesman on Education) and I have been among Mr. Lewis' greatest supporters...but if he uses the Atiu Journal as a promotion for Norman Geor-

SEE PAGE 2

Our Island in the fun

What a week! And at the end of a superb Constitution Celebrations, the JOURNAL offers many congratulations to CAO Moetaua Boaza, his administration staff, heads of department and all those who made our National Festival a week to remember.

we do it best.. (BELOW....) The Atiu Way

The Spirit of Constitution was alive and well in Atiu '87

POLITICS

only in the journal

Vince

PAGE 10

cip's

PAGE 5

norm

PAGE

exclusive

INSIDE ATIU

our winner!

SEE PAGE 4

JOURNAL

JOURNAL

The Editor

In view of the very serious threat to this paper's independent future made by the Leader of the Opposition last week, we devote the whole of the current editorial and Opinion sections to our defence in our own interest and out of respect for the Leader of the Opposition's duty.

The Press is supposed to report the news. Not make the news. Unfortunately, in the CIs we haven't yet progressed beyond the 1956 CI admin. handsheet pinned on the P.O. wall.

Why ? Our politicians have no interest whatsoever in a free modern national press. They and the public have one "gut" reaction to any news item. Not "what does it say" but "who wrote it." It is a form of terrorism directed at writers which has cost too much CI talent in the past. The JOURNAL will not tolerate it. All the age-old anti-press guns can be dragged out with weary monotony. But this time, it will not work. If we go under, you will hear us kick and shout all the way to the Human Rights Commission which our government proudly signed membership of at the UN.

POLICY:

The Leader of the Opposition has every right to demand of a news publication a clear statement of its policy and allegiances. He has a duty to expose a publication if it is masquerading as a free newspaper whilst secretly promoting a sectarian interest.

Anyone who has read the JOURNAL will know exactly where it stands under its present editorial policy. But for new readers and our many new and respected subscribers, the following represents the last time we shall accept being made THE NEWS rather than the medium of the news.

The JOURNAL is wholly and solely owned by TERAI MANEA a one-woman wholly Atiuan enterprise. She is owner and not, like so many CI enterprises, a front for something else.

Sharing, entering at all levels and maybe considering a partnership is AML, a totally Atiuan business owned by two Atiuans, one Maori and one immigrant.

THE PRESS

OUCH! Below the belt!

The Editor of the JOURNAL takes the in-House statement of Hon. Geoffrey Henry, (SEE PAGE 1), last week to mean in translation the following..."As PM & Minister of Immigration in 1983 I gave you your permanent residence (the CI equivalent of citizenship. If I consider that the paper you edit promotes Norman George, I will deport you when I am PM again."

The Editor is unable to find any other translation. The JOURNAL will not dignify such a threat with a reply.

on the line..

The Editor has received a suggestion that the Leader of the Opposition's outlook towards this paper may have been "poisoned" by Atiuans recently in Rarotonga whose personal animosity towards Norman George is such that they would use any weapon including seriously damaging this piece of Atiuan development and/or its editor. If this be the case, they will be publically exposed. The editor believes he is a personal friend of Mr. Puna and Mr. Henry and regards this matter most seriously. ED

CLASSIFIED ADVERTISING

We'll always be here

The pages of this paper are open to all advertisers both in the Cook Islands and outside our country.

We offer the most attractive rates in the country PLUS the special relationship of people working together to build the quality of life in our country.

You may not always agree with us but we are sure that you will join us in applauding any effort to ensure that our National Development involves a free press and free exchange of information.

FROM PAGE ONE.....

-ge, I remind him that what I gave I can take back! I think he will know what I mean!

A JOURNAL reporter in Rarotonga at the time said that it was doubtful whether Mr. Henry had had more than a brief look at one issue of the paper - the issue carrying Norman George's report on the recent internal "coup".

THIS ISSUE

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Editor (TIANARA): Ina Teiotu

Technical & Business Manager: Roger Malcolm

Feature Editors:
Suresh Vatsyayann
John Akava
Subhash Vatsyayann
Roger Malcolm

ART
Mata George

Subscribe to The JOURNAL

Editor: David Lewis

INDEPENDENT

Atiu News & Pacific Journal is an independent publication for the benefit of the people of Atiu and the Cook Islands. It is published and printed via Terai Manea

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The Business Manager is also ready and happy to receive any advertising and to discuss, with any persons, involvement up to and including business participation.

The English Language Editor has been a professional writer for 30 years whose work has appeared in four continents, in press, book, radio and TV media. He is a former editor of CI News, a government appointed adviser to CIBNC, political correspondent for CI Times, CI SPG representative, NOC member and CI citizen.

The Maori Language Editor is a leader in the new field of original Maori language reporting. He is a former Atiu correspondent for CI Times, a long-time writer and one of the country's top composers.

Our feature editors include Dr. Suresh Vatsyayann (UNV), a world-renowned authority on family planning and currently the country's most respected authority on public health.

Our Science editor is Dr. Roger Malcolm PhD who is also our Business editor. Dr. Malcolm's scientific knowledge and personal developmental approach to private sector development programmes are unique in the Outer Is.

Our Nutrition and Health editor is Dr. Subhash Vatsyayann of the University of Bombay.

Our proof reader is Mrs. Kura Malcolm, an Atiuan and totally bi-lingual.

Our contributors are, above all, Atiuan and Cook Islands writers. Our reproduced articles are authorised and taken from the world's leading developmental literature.

Our overseas correspondents are Cook Islands scholarshippers seeking, like us, a better quality of life in all respects in our own country.

The editors are also CI teachers. We teach because we have something to offer our own children. We write because we are writers. We do both because the country cannot afford specialisation of talents and because the successive governments of our country are still prepared to pay more for a Parliamentary clerk than a Principal of the National Secondary College.....and because successive governments have been in the habit of red-carpetting any foreign hack with a typewriter and a camera whilst firing Ted Nia, Jason Browne and others, terrorising the rest, closing down "VIEWPOINT", pricing out "TURAMA", dictating to Mak Togia, etc etc and generally regarding CI writers as disposable trash.

Politically, the JOURNAL has honestly stated its position from the first issue. Its present editorial policy promotes CI socialism in whatever form it may take, whether through the private sector (in the very special CI private sector way) or the public sector.

We oppose current "Lifestyle" Development. We oppose the use of the extended family as a means of government avoiding paying proper single income salaries. We support "project" development in the classic third world definition of the concept. We refer back as a point of reference to the CIPA values of the '40's and 50's.

Internationally, we stand for the public stances of Temaru, Tebai, Lini, Tjibaou and Momis.

We stand for multi-racial CI democracy in support of all our citizens of any colour or creed.

In such a light, we support the democratically elected Bavadra government in Fiji.

We see the most important checks and balances for our Democratic System as our Constitution and a non-party QR, the independence of our Ariki, the multi-party system and a free media.

Norman George is the MP for most of our staff. He is an Atiuan. He is OUR man. We have access to him by right. He has access to us by right. And no one will change that. But we also disagree with him on several counts. And we also agree with him. The world is not the simple place politicians professionally require it to be!

That is where we stand editorially at present. It is only a stance. We are a paper not a political party. Our first and over-riding policy is to present news, information, education and entertainment impartially and to comment upon it honestly. The above statements are made in this spirit.

Above all else, we support CIBNC's General Manager, Arthur Turepo when he once said, "I want to see our media play its part in nation-building."

Prior to our next election we shall reserve our right, as in a great newspaper tradition, to endorse any party we feel approaches in their own way the policies we stand for.

The pages are open to ANYONE of ANY persuasion, freely and without favour.

In terms of personalities, we support no one and everyone. At present, we support no one as we believe all four parties or factions in the house offer identical right wing approaches to development. The most socialist force in the CIs. at present we see as, ironically, the private sector!

But we support everyone, also, as our Parliamentarians command the respect due to leaders elected by our people.

Our country is unique. Our friends are also our enemies.

OPINION

A definition of ultimate self-sufficiency!

As far as the editor and the owner of the JOURNAL are concerned....yes, this paper does promote O. Is. development. But, we also require no Parliamentarian to tell us about life in a Rarotongan slum, especially a relative who wouldn't help us when asked! You see, we are C.Is ers!

In summary, the idea of this paper being a vehicle for the promotion of Norman George is laughable. Its first appearance was greeted by an urgent appeal by George supporters for it to be banned.

One up to Norman for maintaining his "free press" beliefs.

The Minister's only words to this paper on policy were as follows "always try to make sure you keep balanced and offer both sides."

If that is promotion of Norman George, so be it. He deserves it!

As for the Editors, they are required to follow the policy of our respected colleague, Lawrance Bailey ex-CI News.

Editors forfeit their right to political allegiance and votes. We do not vote!

Finally, the owner of this paper is the sister of Min. George Kelly of Tahiti, Min. of Agriculture and an Atiuan.

Mr. Kelly stood against Oscar Temaru in Faaa last year. The JOURNAL owner supports Kelly. The editor..the policies of Temaru! We are free people!

The Leader of the Opposition has done his duty in requiring accountability for the press.

To the best of our ability, the above is our frank reply to his proper concern.

Now let's get on with reporting the news instead of making it!

Editor

J'accuse

Not much space this week! About as much as all MP's (except Vincent Ingram) were willing to give to the desperate salary situation of CI teachers. Inatio wanted more money for private schools. Ngere for materials. Jim Mare thanked his own bus company. No one except Vince seemed to give the teachers more than a passing word. Except for ex colleague Tupuna Rakanui who has opted for 3rd clerk in the house at a reportedly higher salary than the Principal of Tereora. J'accuse the Minister. Trouble was...he didn't turn up. So, ex-teacher Piri. J'accuse you!

UTINGA REVA 22

Jam-packed full houses all week. One hundred percent participation in one form or another by every citizen of Atiu.

It was the singing-dancing-feasting-running-jumping-tackling throwing-marching-eating-drinking Funfest Show.

It was Atiu 1987. One island's way of having fun and saying THIS is US!

The way it all began....The immaculate marching girls of the Atiu Girls Brigade not only celebrating this year but also looking forward to next year!

"I'm very happy with each person's effort, especially the government departments," said CAO Moetaua Boaza in a talk with the JOURNAL at the conclusion of Constitution 22.

Mr. Boaza had put together one one of the biggest ever O. Is. Celebrations and little, if anything, had been seriously amiss.

He added, "We wanted to go to Rarotonga. But when I went over to check, no one was very clear what was to happen. So when I came back, everyone thought we should go ahead straight away on our own. We certainly support the National Celebration but suggest maybe on a two year cycle so as to let us also do our own thing every two years."

"A marvellous success," was the unanimous verdict of all people we spoke to, said a JOURNAL reporter.

"We've had no holiday with all the massive preparations", said a teacher, "but none of us mind. It's been so worthwhile."

our winner!

The JOURNAL made a small entry into the Constitution Week celebrations as part of its community responsibilities.

Following Tuesday's sports the winning EPS/TLT rugby team received a token carton for its efforts and was graciously acknowledged by Team Head Tuakana.

Later in the week, Business Manager Roger Malcolm stopped off in Rarotonga to purchase a special trophy to add to the glittering array to be presented on closing night.

CAO Moetaua accepted the trophy on behalf of the Committee and thanked Editor David Lew is, Business Manager Roger Malcolm and the staff of the JOURNAL together with Owner, Terupe Kelly of Terai Manea.

The JOURNAL management decided it wished to honour Atiu writing and composition and donated the trophy for the best composer of the week in all sections overall.

Thus it was that Sunday's closing awards ceremony saw Terupe Patiare Kelly of parent company Terai Manea present the JOURNAL trophy to OUR WINNER!!!

TEARAI MOKOROA
No. 1 COMPOSER
ATIU NUI

READERS SURVEY

Your letters

Atiu development Society

A letter received on the management of ELI and relating to matters arising out of our interview with Mr. J. Manske was due to be published (as stated last week) today. It has been decided to refer the letter for legal advice and also to allow Mr. Manske (now abroad) a chance to reply. ED.

Letters should be addressed to THE EDITOR, ATIU JOURNAL, ATIU, COOK ISLANDS. They should be as brief as possible and clearly written. A pen name may be used if the corect name is also submitted to the editor.

ATIU RADIO STATION

Dear Sir,

Atiu's bid for a radio station is not the first from an outer island as you have published.

In 1972 I attended a DJakarta Seminar on Broadcasting in The Asia and Pacific Region. The seminar was a big affair attended by the relay service of the BBC as well as Australia, Canada, Turkey, NZ and Pacific states.

They used the problem of broadcasting over a large area. As a special subject the CIs. was used as an example of a case where to get adequate coverage, a transmitter of 4 megawatts would be needed. (greater than the entire output of Rarotonga EPS!) The solution was small 25 watt relay stations on Rakahanga, Manihiki and Penrhyn, re-broadcasting the transmission from Rarotonga. These relay stations were to have provision for local input of local comment. Funding was available from Canada. But it didn't happen : In 1972 there was a change in policy by government.

Radio Ham (by radio)

When will the O.Is. be heard?
Raro. Proverb....
"Outer Island
Outer sight
Outer mind" ED.

CIP Convention

(Correspondent)

"The Party's solid" was the unanimous verdict of delegates at the end of the 1987 CIP Conference.

"We're in great heart," was an executive's summary.

Unanimity and enthusiasm marked the re-election of Geoffrey Arama Henry as Party leader along with all other party officials - all re-elected unopposed..

All Rarotonga puna and Outer Is. were represented (A Mr. Koronui is reported as representing Atiu although a Committee member in Atiu told the JOURNAL that Atiu was not represented. We are checking ED.). Branch reports indicated that the CIP is unified and ready at any time to go to the polls.

Much was said about unfair treatment alleged against CIP adherents on islands where sitting members were either Demos or so-called "traitors". Evidence claiming "buying up" votes for the future was put forward.

A number of prophets predicted elections before Christmas 87. Many expressed views that what was alleged to be "dishonest political manoevres" by the present government were bound to bring about their destruction. It was also alleged that the politicians, not the people themselves have been allowed to decide who governs them. Some politicians were said to have been "bought" by Demos and thus had "ceased to represent their electors". A future CIP government would enact legislation to "protect electors from being betrayed" by removing the seat of anyone who crosses the floor.

Also highlighted was alleged abuse of legislative power by the present government. The Government changed the law to save Dr. Maoate his seat when he had statutorily lost it.

Further allegations accused government of having planned to extend their Parliamentary term for another ten years, or at least three years, in order to enjoy "the fat super annuation benefits they had voted themselves.

In Atiu, it was claimed, there is growing dissatisfaction with the sitting members whom "people are ready to replace with honest CIP members of high integrity.

The Party re-affirmed its motto -We Care. We will put things right. This, delegates claimed would be after the next election when CIP regains government.

Ironically, while CIP leader Geoffrey Henry was lambasting this paper's editor in the house, a reporter from the JOURNAL was busy following up instructions from that editor to obtain coverage of the annual CIP Conference, full coverage of which has been frequently denied in the national press.

Mr. Henry thus joined many Norman George supporters in Atiu in condemning the JOURNAL before properly reading it!

Nevertheless, we are proud to be, to our knowledge, the only CIs paper ever to have given full unbiased coverage in a single issue to all three major political groupings.

Reporter Roger Malcolm brought back coverage, as instructed, on Vincent Ingram and the CIP Conference. Editor David Lewis conducted Part Two of the Norman George interview. Either reporter could have done either task!

Unfortunately, a hoped-for interview with Geoffrey Henry did not eventuate owing to a family bereavement for which the JOURNAL expresses its sincere condolences to Mrs. Henry and relatives.

the House — the plot thickens

Charges of "sedition", "betrayal" and "conspiracy" were made in Parliament when sittings resumed after the holiday break.

The allegations were made by Minister of Police and Foreign affairs, Norman George.

They were levelled at the Director of Audit and Enquiries during the course of debate on the Appropriations Bill.

The Director was later named in debate by Democratic Party splinter group leader, Vincent Ingram (Nikao/Panama).

In naming Richard McDonald, the opposition member called for an all-party enquiry in the allegations.

The allegations initially made by the Minister of Foreign Affairs concerned "information" he alleged to be in his possession.

The "information", he claimed involved statements attributed to the Director of Audit and Enquiries and passed on to foreign governments.

NZ, Australia and the USA were mentioned but the most startling accusation to those listening to the debate was that the Director was in the habit of passing information to the "Russian Embassy" as a "patriotic bolshevik".

The Director was also accused of having "boasted" that he had "tricked cabinet" into not putting the Queen's head on new currency.

As startling a statement as any previously made in a lively debate on so-called "sensitive areas" of offshore banking was made by the Minister of Police when he referred to the offshore banking operation as "the backbone" of the national economy.

This "long-favoured expression" has been reserved over the years for Agriculture. Of late, Tourism had begun to be referred to in this way. Former MP Tupui Henry was recalled as once having used it to describe Marine Resources.

However, Minister George was the first ever to refer to the controversial "tax haven" industry as the nation's "backbone".

This suggestion was strengthened in radio listeners' minds by unqualified approval given to the operation and almost reverend respect for its secrecy indicated by both Sir Thomas Davis and Vincent Ingram.

Speaking as "a member of government" but "not part of the cabinet", Sir Thomas Davis (Avatiu) drew attention to his past involvement with the Director whom he said he had "deported" in 1981.

the Quorums

an everyday tale of political folk TROPO

E Ma! Government reckons these offshore banks're gonna save us!
Meitaki te Kavamani, e pa!
Well put e Ma! I'm going to open an account!
CAN I HELP YOU SIR?
$
BANK

REGION

PART TWO —survival

DOUBTING THOMAS!

Part One of this exclusive post-coup interview with Areora-Ngatiarua-Tengatangi MP and new Chairman of Cabinet Norman George dealt largely with the Minister's thoughts on domestic policy in the new coalition.

Part Two looks at foreign policy. For the first time Cook Islands policy is clearly spelt out on the major Regional issues of the day.

A new initiative?

J: The pursuit of a national and an international profile for the Cook Islands seems to have resulted in a form of development the JOURNAL has dubbed "Lifestyle Development". Is this the development government will continue to seek ?

NG:Not in the sense of encouraging the "high life". It's not the "high life" I seek. What we want to see is what I would call "Decent Living" for all our people. I think "decency" is a key word. The "Good Life" for our people means, I believe, decent health, decent education. Decent conditions of life.

J: As a basis for looking at Foreign Affairs, how would you describe yourself in political terms?

NG: Centre Right, I think would be fair. I'm a conservative.

J: You are a supporter of free enterprise then ?

NG: Most definitely. I think the private sector is most important. I want to see it creating an atmosphere for personal development of people.

J: Does that mean you are against government intervention in the economy ?

NG: By and large, yes. Certainly in areas better suited to the private sector.

J: Are you worried by the possibility of extremes of income coming in with a free enterprise policy ?

NG: I don't think high incomes ever hurt anyone at grass roots level. Not if they are a result of bringing in new development to benefit everyone.

J: What you are saying is an argument often used by Tahiti. Do you see us moving towards a Tahitian style development ?

NG: Yes. I do. I see us developing along those lines.

J: That would seem to suggest you support France and its presence in the South Pacific.

NG: Definitely. We see France as a protector. France is a great Western European power.

J: You see our relationship with France strengthening.

NG: Yes. And why not ? We see France as a better hope for us than many others. It is economic development that is our aim. It is economic development that the people want. New Zealand have had 83 years to do something for us and now we are still left looking for development. We are not happy with some of the attitudes of our "traditional" friends. We see ourselves moving much closer to France and possibly to Australia and even Japan.

J: How does your attitude to France fit in with the nuclear free issue. Does it not imply support for France's actions?

NG: Not at all. We condemn the bomb testing and offer no compromise. We want them out as far as bomb-testing is concerned.

J: On other issues, would you be willing to indicate who you would prefer to see win the NZ election ?

NG: Certainly. We would find it much easier to work with David Lange. We have had problems with the Nationals in the past. They can be very self-interested as far as NZ is concerned.

Jacques Chirac, French PM and right wing conservative is seen as a close CI ally by fellow conservative, Norman George.

J: What would be our government's standpoint on the Fijian situation ?

NG: We are very sympathetic towards the indigenous Fijians. Fiji should be left to traditional Fijians to sort out in their own way. They have a problem with the Indians but it was not of their making. The British brought the Indians in and should be assisting Fiji to sort the mess they made out.

J: The other major regional issue is, of course, the proposed referendum by France in New Caledonia. How do you stand on that issue ?

NG: We are not at all happy with France's push against the stance of the Forum. We support the Forum position on New Caledonia.

J: What about the issue of non-alignment in the Pacific ?

NG: I see no future whatsoever in non-alignment. We have been shocked at the lack of real Fijian independence in a time of crisis. They have been pushed aside by big powers and pressured. We are not happy with some of the moves against Fiji by NZ and Australia. Non-alignment has nothing to offer us. One should stick with the friends one knows and for us that is, obviously, our traditional ones but increasingly France and, though distant, USA.

Atiu Motel...

Your Host and Hostess

- Dr Roger and Kura Malcolm

Guides

- Taio, Tangi, Vaine and Aukino

GETTING THERE... MOTEL BOOKINGS

Air Rarotonga Tel 22-888
Cook Islandair Tel 26-304

Both airlines handle Atiu Motel reservations.

It's who you are not...

The declaration in the JOURNAL from the Foreign Minister, Norman George stating the CIs. official position on the Fiji Issue, brings once more into sharp focus, the question of the status of the so-called "Fiji Indians". We took the opportunity of asking our own resident Indian citizen, Dr. Suresh Vatsyayann, his views as a native-born citizen of India, on the Indian view of the "Fiji Indians". Who are they, in Indian eyes, we asked ? Or, as it turned out, who are they NOT!

"The Fiji Indian," said Dr. Vatsyayann, " is not really India oriented."

"True," he said, "they maintain the Hindi language but their own dialect and heavily accented. They also keep the Hindu religion. They still watch films from India with dialogue in Hindi but really appart from these often superficial similarities, they have lost all connection with India as their home land."

"Above all," he claimed, "They do not know what part of India they are from. They recognise no relatives back in India and they totally identify themselves as Fijians. All their allegiance is to the nation of Fiji but generally they are not so interested in politics."

"Certainly, " said Dr. Suresh, "they are reluctant to inter-marry. But nevertheless they see themselves only as Fijians."

We asked Dr. Vatsyayann how he imagined their future in Fiji.

"Not good," he admitted.

"Where ethnic groups were successfully together, now there appears to be division. We could see emerging another Sri Lanka ending in bloody violence."

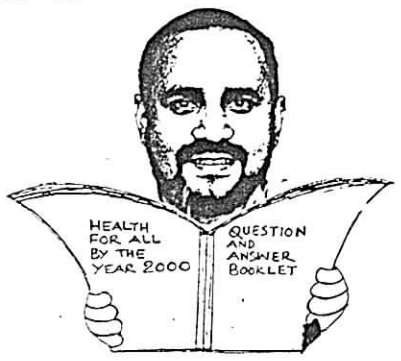
And how did Dr. Suresh see the situation developing if there was to be peace.

"There can only be peace," he said, "if both sides are willing to work together and sit down together to resolve Fiji's problems. The Indians should remain cohesive to achieve this aim."

BELOW:

The spectre of violence in Fiji. The army patrols during the coup which overthrew the democratically elected Indian and Fijian centrist alliance led by Melanesian Dr. Bavadra. Now Dr. Vatsyayann predicts a possible eventual violent end to the so-called Indian problem.

DEAR DOCTOR ... — Medicine —



QUESTION

Doctor, what's the natural defence of the body and where does the AIDS virus attack it? What's the basic prevention ? What's the control of AIDS ? What's "safe sex" ? Is kissing a way of spreading the disease?

Dear Reader,

A lot of questions!

1. There are uncountable numbers of bacteria, viruses and other micro-organisms in the body present practically everywhere both on us and surrounding us. No one will survive even a few days without our natural defence - the immune system/white blood cells.

2. On locating a foreign body our radar system (reconnaissance and early warning functions) send out a chemical signal to "field generals" (T helper cells) which is the "field command structure" of our defence. On their alarm, a full-scale alert, mobilisation and attack is carried out.

3. Commandos like "Rambo and Chuck Norris" (T-Killer cells) on instructions from T-helper cells locate invaders and cause B cells to manufacture and fire chemical "bazookas, tanks machine guns etc" to destroy the enemy. B cells produce specific "biological bullets", the anti-bodies to be fired at the enemy. Infantry (Phagocytes) is then sent to devour and mop up the enemy!

4. So...AIDS. (acquired immunodeficiency syndrome). The virus HTLV III (human T-Cell lymphotropic virus type III) through blood , semen, saliva, urine and tears enters the blood stream and succeeds in "setting up shop" in the T-Helper cells. It may remain non-functional for one year to many years but once it replicates, multiplies into millions, breaks the host cell, attacks other such cells, it one day achieves unilateral disarmament of the body's defence against disease. Thus a victim suffers from unrelenting multiple infections and dies.....

*Dr. Vatsyayann will continue this vital article plus advice on the questions asked in our next issue.

Make sure YOU read this and teach your children and community groups.

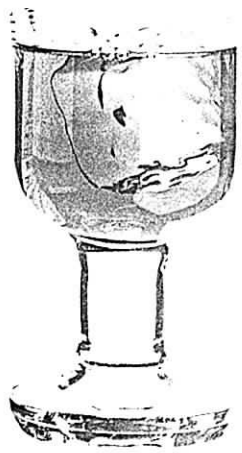
As Dr. Suresh said in an earlier article, the first reported case in the CIs. means about 300 already exist.

Dr. Vatsyayann on a different sort of duty (left)..presenting the Festival Winners trophy to overall winners -AGRICULTURE!

Environment

LOOK

Subhash Vatsyayann



As we promised last week, Subhash takes a small break from giving us a new herb to look at. What she has for us is the exciting prospect of GINGER BEER!

GINGERADE:

Take 1 qt water and one cup of sugar and boil. Add ¼ oz. white ginger root and boil for 20 to 30 minutes. Remove from stove and add 1 cup of orange juice and 2 tablespoon-fuls of lemon juice. Strain and cool. Serve with powdered ice.

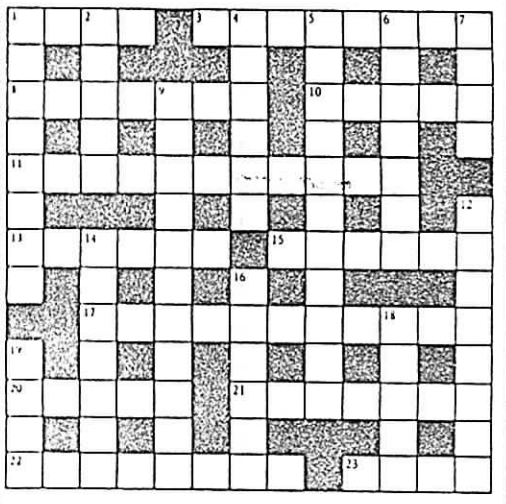
GINGER BEER:

1. Pour boiling water on one tablespoonful of dry ginger powder.
2. Strain through a thin clean cloth.
3. Add one teaspoon of citric acid, one cup of sugar, ½ teaspoon of baking soda.
4. Add water to taste.

GINGER CAKE:

Mix I cup Brown Sugar, shortening and ½ cup of butter, 1 cup mollasses (brown sugar), 1 cup buttermilk, 2 eggs, 1½ or 2 teaspoons ginger, cinnamon, a little nutmeg, 2 teaspoons soda, 2½ cups of flour. Bake for one hour.

Crossword



ACROSS

1 Gramophone record (4)
3 Fine soft wool (8)
8 Low wall along bridge (7)
10 Stared open-mouthed (5)
11 A funny magician who was well loved (5, 6)
13 Short track into which train may be shunted (6)
15 Suddenly change direction (6)
17 Crimson-flowered campion (6, 5)
20 Fly without engine (5)
21 Intervene in order to bring about agreement (7)
22 Fabric for bed linen (8)
23 Close by (4)

DOWN

1 Act as substitute for another person (8)
2 Play guitar (5)
4 Mechanism in watch (6)
5 Dynamic and energetic (4, 7)
6 Sovereign of a dominion (7)
7 Two defended areas of playing field (4)
9 A lodger (6, 5)
12 Antlered animal (8)
14 Small hibernating rodents (7)
16 A European language (6)
18 Device for stopping vehicle (5)
19 A long time (4)

SCIENCE

Boxing battering

(Dr. R. Malcolm.) Richard Pittman CIs. Star

Science Editor Roger Malcolm opens a two-part series on a sport very much in the news and on the air...boxing. Many neurologists argue that it is time to ban boxing at both amateur and professional levels. Boxing's defenders claim the link between brain damage and boxing is not yet proven.

Dr. Malcolm reviews current evidence.

It is well to note that Boxing CAN damage the brain. A variety of studies suggest that a severe blow, such as a KO causes permanent structural damage to the brain.

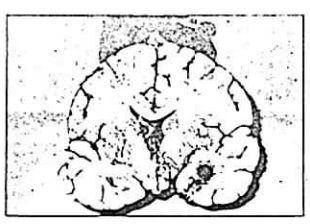
People who suffer one concussion do worse than normal on psychological tests for as long as six weeks after the blow. People who suffer a second concussion take an even longer time to recover. Each blow creates permanent damage.

Studies involving autopsies of boxers show that boxers have a pattern of brain damage peculiar only to them. A blow to the head swirls the brain in its bony skull forcing the bottom of the brain into the opening at the base of the skull, **also** bruising the frontal and temporal lobes of the cortex. This damage causes subtle effects on behaviour.

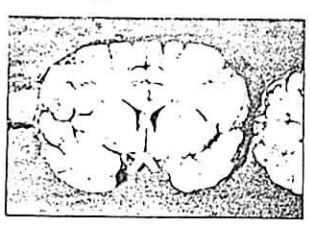
Vast amounts of damage have to add up before the deterioration is obvious, such as in "punch-drunkenness".

However, modern techniques, especially "computed tomography X-ray scans" (CT) have found signs of damage even in young amateur boxers wearing protective headgear who show no OUTWARD signs of damage.

The concern remains. Once lost, the nerve cells in the brain can never be replaced.



In Steve Watt's brain, the septum is torn away from its attachments



The hemispheres of a normal brain are separated by tissue known as the septum

Left - The brain of UK welterweight champion, Steve Watt, died in the ring 1986.

LIVING FAITH

The owner and the editor of the JOURNAL are members of the Ekalesia Sanito, a church registered in the Cook Islands and very strong and influential in Tahiti. Much of the policy direction of the JOURNAL inevitably reflects the values of the church. Representatives of all faiths in the Cook Islands are invited to contribute to The Living Faith.

"This is how it is with faith: if it is alone and has no actions with it, then it is dead." James 2:17

The question of social and political involvement of the church is an old one which has frequently hit the news in the 1980's.

The inspiration of many who profess Christian faith as well as accepting the broad marxist description of how our economy operates lies in the words and actions of several developing world Christian leaders. Julius Nyerere, Kenneth Kaunda and (nearer to home in this region) Walter Lini, John Momis and Oscar Temaru spring to mind. Faith in action.

Tutai Pere is one of our own CICC ministers who has not shirked the task of broadcasting to the public the values his church stands for.

In our own church, Etienne Vanaa has eloquently described the disastrous situation of working class Tahitians.

For this reason, we view the purposeful shift by all parties to hard rightist solutions as in Tahiti with legitimate concern.

C.is. writers!

Here We Go AGAIN!

~~...one day.~~ The re[dacted]
...editor of the JOURNAL. It was one of many
...in the years since Norman George became a
...ion threats of dire retribution followed
...ice. On Sunday, they conducted the latest
...ng series. This time, however, it was for

We said it! Above (from last week's JOURNAL)..... Threats, firing, deportation, abuse ....the long sad story!

my WORLD

A"KNEW" "FEETURE"

Presenting....for the very first time....before your very eyes....and in your very ears.....

THE WORLD AT TEN YEERS OLD!

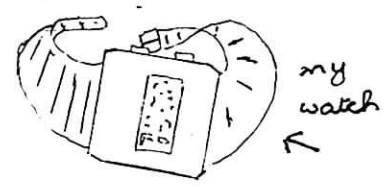
(by an expert)

and this is how the world has been this past innocent week!

*i am no good at spelling (ed.)

MONDAY:

my WACHT FAINTED!



TUESDAY:

Their were three hukuleas in the fish pond and one sank

WEDNESDAY:

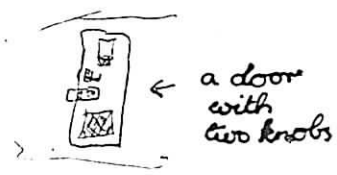
Two vister corth an octorpus in the harbor but daddy is doing that (SEE PAGE 11 ED.)

THURSDAY:

There was a booking for seven people but only eight came.

FRIDAY:

I saw a door with two knobs!



SATURDAY:

my WACHT is right from yesterday

me!

Hard Right

No Editor could have been better served by political leaders who help sell newspapers than the Editor of the Journal this week.

All that was needed for the front page to have been re-written a fourth time was word that the entire netball squad had been hijacked by Libyan terrorists lurking in the Glasgow back alleys!

It is rich and heady stuff that the CIP conference, Mr. Ingram and Mr. George have offered us. It will take some time digesting.

What has emerged so far, however, has confirmed rather than altered the impression that our country is heading down one path no matter who is in power.

The direction the national vaka is heading seems hard to magnetic right. Mr. George has positively stated his conservative philosophy in terms of international policy. Mr. Ingram is a 1978 Demo adhering to a pro-private enterprise platform. Mr. Henry's 1983 tenure of office and his coalition reign in the Tourism Office left no doubt that he, too, is a seeker of overseas private investment, a promoter of advance through similar methods to those of Mr. Ingram.

The coalition is far more complex than Mr. Ingram and Mr. Henry would have us believe. Our private polling suggests Mr. Henry will be next PM as of now. Rumour has it that Mr. Ingram expects two more defectors (no names). Mr. George's use of Atiu as a model of coalition achievement was judged last week independently and in public as working!

There's food for lots of thought all round. And bad news for leftists...whether loony or just plain liberal leaners!

(And brush up your francais!)

NEXT —Atiu teachers demand bolder action from Exec's ISSUE

the voice of -Vince-

Watch your back!"; "the only straight man in politics"; "the Great Manoeverer";"the best brain in the House";"the sharpest knifer in Nikao"...these are but a few of the widely differing verdicts heard around presscircles locally about former Demo Minister, ex-Leader of the Opposition, and current Nikao/Panama MP, Vincent Ingram. He is a survivor and he is young enough, patient enough, rich enough and talented enough to be one day PM of the Cook Islands. Like a political Joe Frazier, he sops up punishment and is a deadly counter attacker. He neither asks for nor gives any quarter. He once gave the Editor two pieces of advice: "if you want to play with the big boys, don't cry for mercy" and "if you want to put out a paper, don't hang around, give it a whirl and get it on the streets. Both pieces of advice have been followed! Vincent Ingram is a cousin of the JOURNAL owner (a junior one!) and therefore the JOURNAL has a special pride in presenting what has been (through upstairs ignorance) denied the reading public of the Cook Islands for far too long.....the authentic VOICE of VINCE! Reporter Roger Malcolm was asked last week to try to come back with such an interview. We congratulate him and thank Mr. Ingram. (though we don't necedsarily agree with him!)

ON THE COUP:

It happened for two reasons. One, a grab for power by Norman George. He saw Tom's standing was low. The timing was right. So he did it. He must have been disappointed that Pupuke emerged the winner. Even though it's all round Rarotonga that he had the votes to win in caucus, I've asked Pupuke personally and he denies it. Secondly, they all knew if they went into the election with Tom, they wouldn't have a dog's show... ...A superficial analysis might question then why we voted for them to do it but I went into opposition against Tom and I continued this consistent line. I'm not prepared to throw out principle. Tom's policies were not in line line with Demo policy on salary raises and turnover tax which they've now raised to 10%. Pa and I are the only two consistent members.

ON SIR THOMAS DAVIS:

Tom now sits on the opposition benches. We co-operate. Tom plays a full role in things. We haven't had any full discussions. That would be a bit premature. He needs time to recover from the trauma of losing his position.

ON COALITION III:

I'd like to say it won't last. That's what popular opinion says. But the reality is that it will last only, and I underline only, because they will all stick together for position, salary and power. That's the glue that will keep them together. They will have disputes. But binding them together is power, money and influence they're not prepared to throw away.

ON THE NEXT ELECTION:

We will certainly be opposing the present government. Wholeheartedly. We want to help make sure that there is a mandate for a political party unified by a party platform. We had one from 1978 to 1983 and, if you refer back, you will see it was pretty closely followed. Then Tom carved me out when I was at a weak point and set out on policies no one understood. We've been like a ship without a rudder ever since.

ON THE DEMOCRATIC PARTY:

The Party has not had a convention since 1983. Teariki Matenga is the President by manipulated votes at the time and nothing has taken place since. The CIP is not as confused. They hold conferences and Geoff is undisputed leader. The Demo supporters don't find things so easy. Their confusion is kept alive by the coalition in whose interests it is to keep the confusion. Pa and I are Demo MP's. As elected. That's where we shall remain. It's not for me and Pa to say whether the Demo Party exists. In the Parliamentary sense it does. Through me and Pa. But each individual must make up their own mind.

NEXT WEEK: On the JOURNAL, on its Editor, on Atiu, on strategy and a totally new position on the Demo Party revealed for the first time...ONLY in the JOURNAL.

A reality

– Loud and clear –

(ctd. from last week...)

Any media work in a small country like ours, and on a tiny island like Atiu, is bound to cause some concern.

Head of the Atiu Raro-Office, Tepou Boaza had heard of concerned voices being raised back home about both the JOURNAL and plans to apply for a radio licence.

His recent visit here as part of the Ministerial team for Constitution led by Areora-Ngatiarua-Te Ngatangi MP, Norman George and Teenui-Mapumai MP Mariri Parataiinga went a long way towards allaying fears that the media were not wanted in Atiu.

"I'm right behind the moves," said Tepou, "and so are the members."

"He added, "we want to see development in every area in Atiu. Why should Rarotonga have the only paper and radio station ?"

"Even TV, if we could get it would be welcome, " he noted.

"Let them all come. All the media. Communication is so important. Our people must have information. They must be able to discuss things."

"Especially," he said, "I think the media developments going on will help train our people and one day will lead to employment opportunities either here or in Rarotonga."

Mr. Boaza said that his Minister's policy was "free speech for all."

"Good luck," he concluded, " and the Rarotonga Office will be happy to keep you up to date with news from our end."

support Atiu business

Rural Development

PEOPLE

Did you know...the stars of Constitution 22 were also top of the bill at Constitution 1 ?

DID YOU KNOW?

Doing anything tonite, ladies ?

First letter to Editor naming these Constitution 1 beauties gets $1.

tourism

R Malcolm

Daria Cappato & Nicola Diligu (Mechanical Engineer & Video Producer respectively) from Milan, Italy. Kia toa korua!

R Malcolm

Leif Stubkjaer, Henrik Bjorn, Jesper and Jakob from Denmark. Manuia kotou katoatoa!

ATIU NUI

Training

Journalists

The JOURNAL/TIANARA is the fastest growing paper in the country. It is also very much a part of Atiu's Development - new Atiu...leading the new Outer Islands in the personal development of our people.

Have YOU considered a career in Journalism ? Writers, artists, reporters in either of our two languages, typists, photographers, researchers, printers. The world of journalism is a huge one.

The Journalism we offer is the most exciting in the country. It is independent.

The JOURNAL offers immediate training FREE for any Atiuan interested in a career in any aspect of journalism.

Come and see us. You can help us, we can point you on the road to a fine career.

CLASSIFIED

WANTED:

Two wheelbarrow wheels.

Preferably same size.

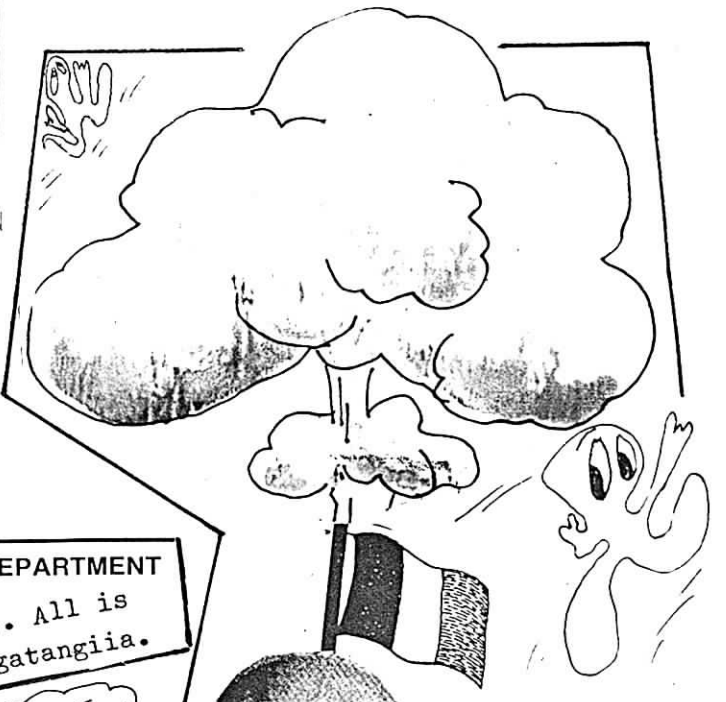
Contact Ross Little, Atiu Hospital.

Winner of the CIWA 1985 Taunga Prize in a lousy year!

Vera

3 2 1

WORLD WAR 6



THAT'S WHAT YOU SAY

Keep your eye on the Atiuan. He looks the tricky one!

PERSONAL SERVICES DEPARTMENT

T.M. ... Come home. All is forgiven. ANON. Ngatangiia.

No matter what Tom reckons, it'll never reach Areora!

COMING NEXT
COALITION III !!
"The Return of The Minister"

DEATHS
This space still for rent!!!!

OFFICIEL

UP VOUS

MOVING?
That's the way it is in Infrastructure!

The trusted name in BACKGAMMON

French Le View

Bon on vous, Norm! Je hears that vous et les lads dans le new team sont tres willing to portez on dans le bon old way set up by je at le grand expense avec mon ex-esteemed major contacts, le ghastly Gastrick Floppe et le Seigneur DOM-TOM K.G.B. les late droit hand men dans le big francais effort to keep practising le manufacture de le most enormous bomb dans le history de all mankind. Bon lads. Vous may keep le grand cheques de several zillions et please trouvez enclosed sept tickets pour le grand free show avec les mighty bare frog tits le next temps vous are passing.
Tres happy,
le Grand F.

DR WHO?

SHHH!

...ar north
a m p m
Trooble
up at T' atoll

Reet lads, now about yon Manihiki space station...an't plan to put young Ellis in orbit for t'next decade! (rest undecipherable....)

te po
o te long
e
mat/pis
PART 2

It's my new image. Guaranteed to impress the teachers!

It's my new image - Guaranteed to impress the teachers!

How many times do I have to tell Tepou. You can't have a proper coup without a tank!

THIS IS NOT GOOD ENOUGH!

Daily Troublemaker
MERCREDI 25 FÉV. $7.93

Sugar
Ray robati
given boot
Speech less

tums 'n bits

What do you mean...cut appropriation ...I got appointed by a yam ...at your placed by a subsidy...and pop!

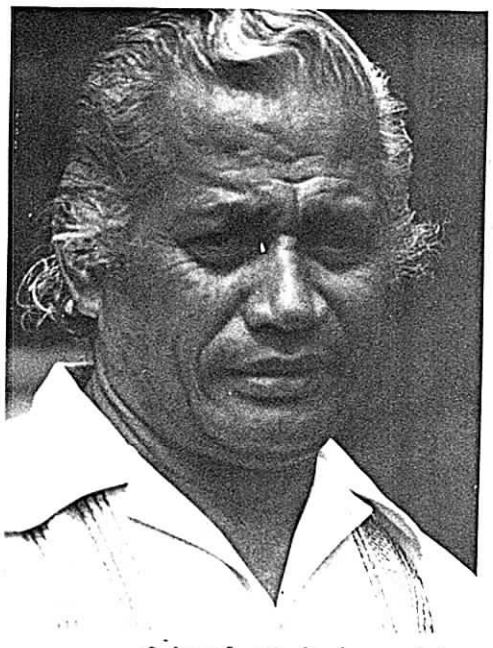
vera's Vaine

UNHAPPY AT WORK?
— grow money —

HAPPY AT WORK?
Resign now —

SPORT

years in the making



Years of hard work in making black belt status.

Murare Ponini - Atiu Black Belt.

As promised last week...our own first look at Karate-DO

It's not a place for bad behaviour, the karate training ground. Arggh! EIIII! Aiiii! Ooooh! My gosh no.

Two little girls in the far back row giggle. For a millisecond. Disapproval from the other thirty or so trainees seems to reach them like a sudden puff of wind. No one says anything. The reprimand scurried down the immaculate rows, reaches the two little girls, smartly cuffs them into proper respectful submission and disappears instantly up into the pale blue evening sky above the tennis court.

The girls, presumably, can be forgiven. They are total beginners. No white pyjamas. No formally knotted belt at the waist. No ritual unison response to the master's calls up front.

Just jeans and t-shirt and the same air of puzzled bewilderment as is on the expressions of upwards of a hundred mamas, papas and infants surrounding the court.

The court itself has unfortunate connotations to the irreverant reporter. There is the wire mesh enclosed compound. The fixed trance like expressions. The staccato grunts and shrieks in olde Nipponese. The unswerving obedience to the master. Until death..presumably....

Or until the kamikaze doodlebug hits the battleship. Or Singapore falls. Or the Emperor calls a halt....

But, good on you, Mu and Chris. I'm sure you're doing a great job. I'm just the wrong reporter for this assignment.

Dad was in destroyers up there, see. And I like to think he was there to ensure we didn't end up grunting in unison and dying for the Emperor.

Competition

This week's sports competition will bring back a few old memories in the minds of rugby fans.

Anyone who can name this team and the players pictured.....

$10.00 prize for first correct entry to the Editor by 4.00 p.m. 21.8.87

Crossword

Solution Eight

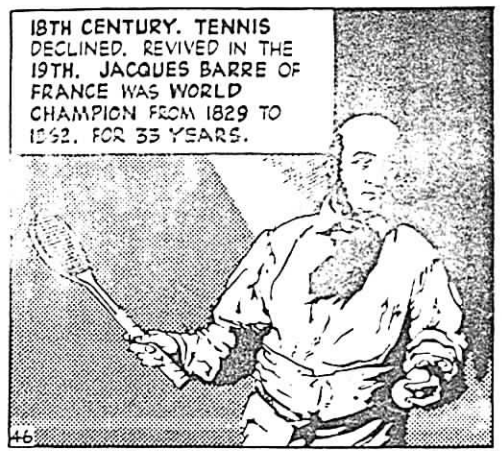
ACROSS: 1 Disc; 3 Cashmere; 8 Parapet; 10 Gaped; 11 Tommy Cooper; 13 Siding; 15 Swerve; 17 Ragged Robin; 20 Glide; 21 Mediate; 22 Sheeting; 23 Near.

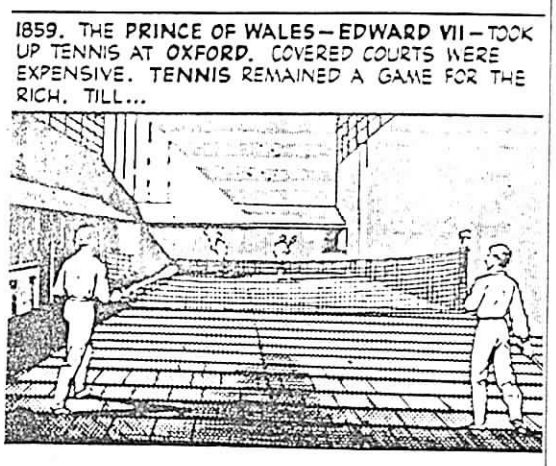
DOWN: 1 Deputise; 2 Strum; 4 Action; 5 High-powered; 6 Emperor; 7 Ends; 9 Paying guest; 12 Reindeer; 14 Dormice; 16 German; 18 Brake; 19 Ages.

Our Tennis Series continues and takes the history of the game into th 19th Century.

Royal tennis.

A game for the rich


18TH CENTURY. TENNIS DECLINED. REVIVED IN THE 19TH. JACQUES BARRE OF FRANCE WAS WORLD CHAMPION FROM 1829 TO 1892. FOR 33 YEARS.
46


1859. THE PRINCE OF WALES—EDWARD VII—TOOK UP TENNIS AT OXFORD. COVERED COURTS WERE EXPENSIVE. TENNIS REMAINED A GAME FOR THE RICH. TILL...

...1869... MAJOR WALTER WINGFIELD ARTILLERY OFFICER, TRIED OUT A NEW VERSION. NEEDING NO BUILDING. PLAYED ON ANY LEVEL STRETCH. CALLED LAWN TENNIS.

nuti ou

ATIU NUTI e te patipika TIANARA

ATIU
COOK ISLANDS
South Pacific

$I NO TE ITI TANGATA

ETITA Maori

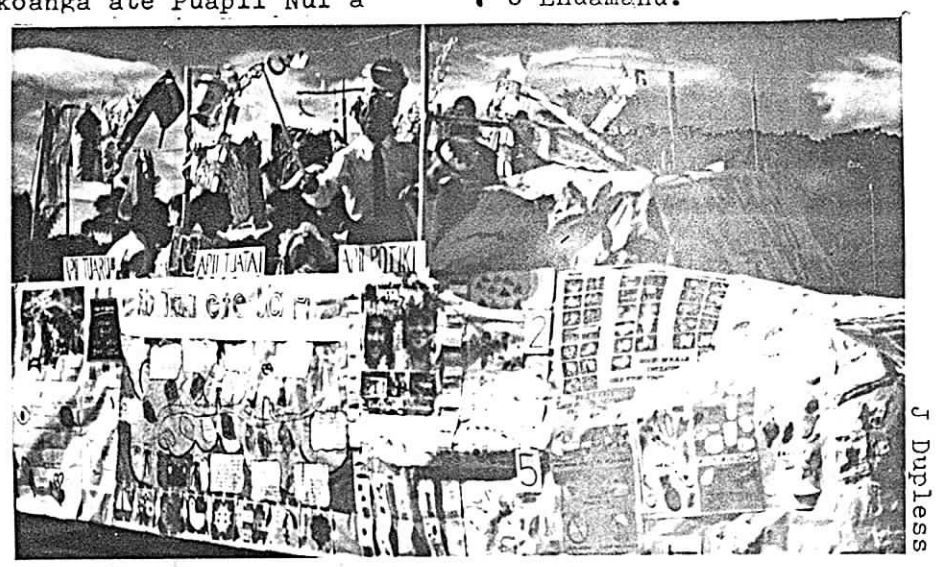
NUTI PURAPURA m1

Nuti Pai...Manuvai ka akaruke ora 2 Monite no Aitutaki, Atiu, Mauke e Mangaia.

MATAORA UTINGA REVA

Pupu Ono No Atiu

Kua turu pakari tikai te uipanga Konitara ite tamanakoanga ate Puapii Nui a David Lewis ete Kumiti Apii Tuarua o Atiu e kia akamata ia te pupu ono (Form 6) ki runga ite enua nei ko Enuamanu. Ei akamatutu i taua inangaro ote enua tangata kua tuku atu te Konitara ete Kumiti Apii Tuarua i tetai patianga kia ano mai te Tekeretere ote Tipatimani Apii ki Atiu nei kia rauka ia ratou ite akatikatika ite au akateateamamao anga ravarai no te tuanga Tetiari (Tertiary) ote apii Tuarua o Enuamanu.



J Dupless

Te tamataora nei te au puapii i runga i ta ratou terera tei iriiriia. E aka mataora atu to ratou i teia nei ite mea e kua akakite a Norman George....ka akamata te pupu ono i Atiu.

UTINGA REVA ATIU NUI

Kua riro tikai te tuatau o te Utinga Reva 22 i runga ia Enuamanu ei tuatau mataora tikai.

Manganui uatu rai te tangata tei tae ki te tarekareka. Ka ki uarai te Are Ebenezera ite au po katoatoa.

E akamata ana te aitamu ki te peu tupuna, kapa rima, ute e akaoti ki te ingo pau.

I te po Maanakai kua tae mai te au pupu tarekareka ki te Kutikuti Raumatangi no tetai tamataora kapiti ki te ngai okotai.

Kia raveia te pureanga avatea Tapati kua riro te reira ei ra manea tikai ite mati kapiti atu anga te au pupu ote Tipatimani e te tamariki Brigade ete Guide.

Kua akaoti atu te tarekareka na roto ite tarere imene Apii Tapati ete akakite atuanga ite au re.

Peea ta kotou ete aronga karokaro etu? Kua peke ainei te re ki ta kotou i manako me kua peke i tetai....

- Punakau 1 -

na John Akava

Ite aiai Pureruru ra 22 Tiurai kua putuputu mai nga Mataiapo Terea, Tinokura, Paerangi ete Konitara Oire pera katoa oki te oire tangata Areora ki mua ito ratou are uipaanga no te papetitoanga i to ratou poti ou koia PUNAKAU 1.

Kua tae katoa mai te au mata o nga akonoenga e toru te ui Ariki, te akavanui pera te mata ote tiemani ote Konitara Enua.

Kua rave mai a Papa Matearikí ite irava, "Ka teke ana ite poti ki tai ka tuku ei i ta kotou kupenga." Na te Orometua Arioka i rave mai ite pure e papetito atu ite poti ki tetai nu ranuinui tikai.

Manea tikai te poti ite iri iriia anga ki te au tiare tuketuke ote enua.

(kapi 3)

R Malcolm

Ingoingo katoa te pu ote au tangata i akapapa ei ite tarekareka utinga reva.

UTINGA REVA

Ko te pupu teia ote Tipatimani o te Akaaere ete Rapakau maki i ta ratou imene Apii Tapati. Noatu te reka i ta ratou imene kua peke te re ite pupu ote Agri.

R Malcolm

Aiii...ea. Ko te nga manga e ta raua ute. Te reira e Tairi, akarongo rai koe ina momoe rai te taringa.

news STOP PRESS

AGRICULTURE OVERALL WINNERS
EDUCATION 2ND
STOP FULL STORY NEXT WEEK

R Malcolm

Navenave rai te tangi ite kita ate pupu ote tanutanu. Ko ta ratou pupu imene teia. Te rave maira te pupu ote ingo.

R Malcolm

Purapura mai rai te renga ite akamanea ote Tipatimani Akaaere ete Rapakau. Te manea e.

Tetai mea i kitea atu kua akaruke te tangata i to ratou ngutuare ite ora 5 e ina e ora 7 roa te aitamu! Teia te tumu e arai noonga meitaki.

Ko tetai nga metua vaine maroiroi teia ite tuatau ote Utinga Reva. Te au po ravarai kare raua e topa. Meitaki e mama Tere e mama Mata.

"Te ngakau parau nei au i te mea kua rauka iaku i te oki mai ki toku ipukarea taangaanga ei i te kite tei rauka mai iaku."

Aere mai kia kite koe i te angaanga

a TERAI MANEA

TRADITIONAL CREATIVE ARTS
ATIU IN THE COOK ISLANDS
(PROP. terupe kelly putiare)

terai manea

R Malcolm

Te taurekareka ite au "purotu" ote Tipatimani Angaanga ita ratou kapa rima e....pera katoa te au mapu tane.

TIANARA

Kia oti te papetitoanga kua noo atu te au taeake tei patiia ki teia angaanga. Eaa ia pakau, tuke tuke te manga tei akonoia no teia kainga kai nei.

Kua akakite a Moe Boaza e na te Kaomani Orani teia poti i oronga mai ei tauturu ite oire Areora. Kua pati aia kia akamaara te tangata ia Father Edwin e pera tetai atu au Metua Katorika. No Orani mai oki ratou.

Kua araara katoa te Cpita ote porotieki koia a Tangata Vainepoto ite akamaroiroi ite oire ete au ravakai kia taangaanga meitakiia te poti.

Ko te akaaereanga ote poti tei raro ake i nga mataiapo ete konitara oire. Ko ratou te tamarumaru e ko te tiakianga e tai tangata no rotoia Kakeua, tai no Tetuaroa e tai no Ngatikau. Ko to ratou akaaere ko George Titi.

Na kotou ia na te au rapa oe e taangaanga ite poti. Kia manuia te akakoroanga o PUNAKAU 1.

UTINGA REVA 22

Pure Maraurau Tamaine Kaimene

Enuamanu

All photos on this column by Joy Dupless.

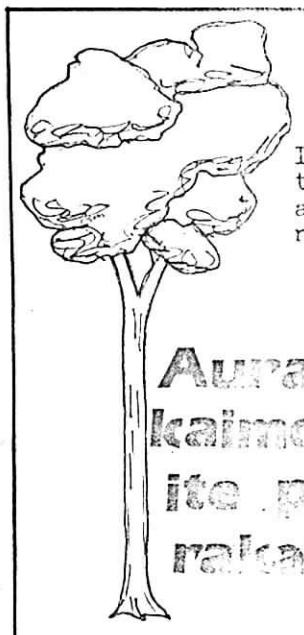
Inangaroia

Ka rauka mai tetai moni naau no roto mai ite au pu rakau tikatika kua taeria ia ki te 10 ini ite ranuinui ite tumu.

I roto ite au enua Patipika e nui atu ta matou tutaki ite atu enua no reira te rakau i ta tetai atu enua. E 400 ki te 1200 patene ta matou e tutaki nei i runga ake i ta te Assau Mill i Samoa.

Te moni no te RARE, VI, NU, PITIPITIO, ete AVO $63.45 ite kupiti mita.

No te TOU, TAMANU, MIRO, KAUARIKI $190.35 ite kupiti mita.



Auraka e kaimoumou ite pu rakau

Ka inangaro vivikiia tetai VI ete RARE.

Au pu rakau tikatika ete roroa, kare i motumotu, kare i ka ite ai, e aka puapinga to ratou ka rauka.

✱ Aravei mai i tetai ua ite aronga angaanga.